

IIMHL & IIDL Leadership Briefing XXX

Addiction & Covid-19

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Introduction

This Leadership Briefing focuses on addiction and COVID-19. Many countries agree that it is critical to provide safe and effective treatment processes at this time.

It first outlines a new resource from the National Behavioral Council in the United States. This consists of a trauma informed 'Toolkit' (151 pages) for agencies to work from and a webinar which explains the toolkit and the issues around addiction in the US. This toolkit, while not necessarily directly transferable to other systems, may be informative for other countries.

This Briefing also contains two avenues for finding information that will be useful to many addiction agencies and service users during the COVID-19 environment. The first is from the UK and the second is via PubMed Journal.

We hope this is helpful for IIMHL & IIDL leaders.

US

National Council of Behavioral Health: Combating the Opioid Crisis

August 2020

Toolkit: Trauma Informed, Recovery-oriented System of Care

The opioid crisis has affected families across the United States. Approximately 10.3 million people live with an opioid use disorder and there were more than 46,000 opioid-related overdose deaths in 2018. It is known that trauma is a significant driver of substance use disorders and scores on the Adverse Childhood Experience index are highly correlated with substance use disorders later in life.

The toolkit helps leaders to understand how to create sustainable system-wide change that addresses trauma *and* fosters recovery for those using services.

It provides the tools and practical examples to:

- Develop and implement trauma-informed frameworks for organizing substance use services within communities, such as identifying and responding to people with trauma and substance use challenges.

- Create a framework that involves assessing organizational readiness of medication-assisted treatment and practices.
- Address individual and environmental risk factors for substance use through evidence-based programs and strategies.

<https://bit.ly/2YdxWyd>

Webinar: Combating the Opioid Crisis

Combating the opioid crisis through a trauma-informed, recovery-oriented system of care (TI-ROSC)

<https://bit.ly/3gdHIGQ>

UK

Society for the Study of Addiction

2020

The mission of the Society is to broaden and promote the scientific understanding of addiction, and it particularly aims to help clinicians and policy makers get research evidence into practice.

<https://www.addiction-ssa.org/about/>

Useful COVID-19 links and agencies are under the following headings:

- National guidance
- Treatment services
- Research, briefings & evidence
- News and opinion

<https://www.addiction-ssa.org/useful-coronavirus-covid-19-links-19-march-2020/>

PubMed: Bibliography on COVID-19 and Addiction

3rd August 2020

This downloadable document lists articles found in PubMed from searches on 3rd August 2020 involving addiction-related topics and COVID-19.

It is updated weekly and all publications prior to January 2020 have been removed.

The headings and search phrases are provided and results are organised into:

1. research reports,
2. reviews and
3. editorials, commentaries, and letters.

The words searched in this document included: “substance use” or “substance misuse” or addiction or “addictive disorder” or “substance use disorder”) and (COVID-19 or coronavirus or SARS-CoV-2).

<https://www.addictionjournal.org/files/download/documents/03%20Aug%20Covid-19%20bibliography.docx>