

IIMHL & IIDL Briefing II

Leadership: Innovations within a health crisis: COVID-19

Janet Peters 9th April 2020

This briefing describes innovations by our member countries to assist them, and other countries and organisations to better support staff during the COVID-19 outbreak.

Two key innovations are described with links for further information.

1. The College for Behavioral Health Leadership, US

Webinar materials

[Sustaining Resilience During COVID-19 - From Leadership to the Front Line - April 1, 2020 \(The College for Behavioral Health Leadership\)](#)

COVID-19 has changed the world in which we live and work. Leaders and front-line healthcare professionals alike are facing new and more complex challenges as they adapt to a rapidly changing environment of care, while the level of uncertainty and ambiguity continues to grow. They are forced to make more difficult decisions, work in new ways and care for their own families, all while motivating their workforce to stay the course.

So how do they collectively cultivate resiliency in order to remain strong and thrive while in stressful conditions, particularly when connection to others must be made from a distance? In this webinar, you can hear from three professionals who explore the dynamics of COVID-19 and how to continue to support the development of our best selves as leaders through crisis.

You will also learn about a model of peer (in this case clinical staff) to peer (ditto) support developed to support Chinese healthcare professionals, and an upcoming opportunity to virtually build resilience together.

This initiative was led by a Chinese psychiatrist based in Indiana, Dr. Pu Cheng who led the equivalent of a multi-disciplinary ACT team to support front-line health workers in Wuhan China.

Presented by Perry Dougherty (CEO, Rootwise Leadership), Dr. Pu Cheng (Inpatient Director, Meridian Health Services), Shannon Mong (Principal, HMA)

- [Webinar Overview](#)
- [Webinar Recording](#)
- Presentation Slides
 - [Webinar Slides](#) (Perry Dougherty, Shannon Mong)
 - [Dr. Cheng's Slides](#)

Resources: <https://www.leaders4health.org/resources>

2. Research on clinical staff outcomes when working with COVID-19 patients, China

Original Investigation | Psychiatry Factors Associated With Mental Health Outcomes Among Health Care Workers Exposed to Coronavirus Disease 2019

This study led by Jianbo Lai, et al. looked at healthcare workers exposed to COVID-19 and examined the psychological impact of this exposure. They wanted to assess that impact and the work was conducted in China. The key finding of the study was that participants reported experiencing psychological burden, especially nurses, women, those in Wuhan, and frontline health care workers directly engaged in the diagnosis, treatment, and care for patients with COVID-19.

You can read more detail about the study and its finds via this link:

https://jamanetwork.com/journals/jamanetworkopen/articlepdf/2763229/lai_2020_oi_200192.pdf