



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update 15 October 2018

IIMHL organises systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health and addictions services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars. Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.



IIMHL VIDEO

Homeless Crisis for Those Living with Mental Health and Addiction Issues

To view this short video:

<https://www.youtube.com/watch?v=gGZQ4I0z9dY>

Steve Lurie from Canada outlines the solutions for solving the "Homeless Crisis for Those Living with Mental Health and Addiction Issues" and notes that the "Housing First" system has been shown to be effective.

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IIMHL Feature - Ireland

Annual Report 2017

Mental Health Commission, 2018

This Annual Report represents an overview of our work over the past year, the second year into our Strategic Plan, 2016 to 2018. This report provides details on our core functions, including the Report of the Inspector of Mental Health Services and the Director of the Decision Support Service (DSS). This introduction gives an overview of how we have progressed our Strategic Priorities during 2017.

2017 marked a year of significant change for the Commission. The remit of the Commission was widened in 2016 to include the functions of the Decision Support Service as laid out in the Assisted Decision Making (Capacity) Act 2015. In 2017, we progressed the establishment of the DSS within the Commission by securing additional accommodation to facilitate the service and the appointment of the Director of the DSS, who joined us on 2 October 2017. We also attended monthly Inter-Departmental Steering group meetings to advance the implementation of the DSS. Our Strategic Plan was revised in 2017 to incorporate the additional functions under the Assisted Decision Making (Capacity) Act 2015.

The provisions in this legislation extend beyond mental health services to include all relevant persons who may require support in decision making.

https://www.mhcirl.ie/File/2017_AR_Incl_OIMS.pdf

Other IIMHL Articles of Interest - Scotland

Distress Brief Intervention (DBI) - Video

Penumbra, 2018

“Distress Brief Interventions (DBIs) are an innovative way of supporting people in distress. The need to improve the response to people presenting in distress has been strongly advocated by people who have experience of distress – and by front line service providers and is supported through a review of available literature .

The DBI Programme is a 53 month (November 2016 to March 2021) initiative which emerged from the Scottish Government’s work on the Suicide Prevention and Mental Health strategies which showed that people in distress require improved co-ordination across agencies, quicker access to support and more consistency in the compassion they receive.”

To find out more about DBI visit <http://www.dbi.scot>.

Resources: <https://www.dbi.scot/resources/>

Robin from the mental health charity Penumbra finds out about a new way to support people in distress - DBI. Penumbra is part of the DBI pilot programme in Aberdeen.

Video: <https://vimeo.com/257158685>

What Can the Capabilities Approach Add to Policy Analysis in High Income Countries? What Works?

Richard Brunner & Nick Watson, 2017

Capabilities is different from other dominant approaches to evaluating social justice. The approach is participative, deliberative and democratic. By assuming a role for public services in intervening to support the achievement of threshold domains and social justice, it achieves an analysis beyond neoliberal ‘equality within the market’, and human capital or supply-side understandings which focus analysis on personal attributes such as skills or qualifications only. Its focus on social justice distinguishes it from positivist analyses that measure without further purpose.

<http://whatworksscotland.ac.uk/wp-content/uploads/2015/03/workingpaper-capabilities-approach.pdf>

Other IIMHL Article of Interest - Wales

Routine enquiry for history of adverse childhood experiences (ACEs) in the adult patient population in a general practice setting: A pathfinder study Proof of concept – Feasibility and Preliminary Impact Evaluation

Public Health Wales NHS Trust, NHS England, Lancashire Care NHS Foundation Trust and Beacon Primary Care. 2018

Adverse Childhood Experiences (ACEs), such as being a victim of violence or neglect, or living with a household member who abuses substances or is involved in criminal activity, are associated with negative adult outcomes such as health harming behaviours, chronic conditions, and increased health care utilisation and costs. Nevertheless, traditional medical models and approaches in general practice often fail to capture, understand or address wider health risk determinants. Enquiry into ACEs provides a potential opportunity for patients to

disclose childhood trauma in a safe and supportive environment and for health practitioners to consider underlying root causes for ill health and poor wellbeing.

To read more:

http://www.aces.me.uk/files/2215/3495/0307/REACH_Evaluation_Report.pdf

Other IIMHL Articles of Interest - International

Global Status Report on Alcohol and Health 2018

WHO

WHO's Global status report on alcohol and health 2018 presents a comprehensive picture of alcohol consumption and the disease burden attributable to alcohol worldwide by WHO regions and World Bank income groups. It also describes what countries are doing to reduce this burden. To view this 475-page report:

<http://apps.who.int/iris/bitstream/handle/10665/274603/9789241565639-eng.pdf?ua=1>

The Toolkit For a Sustainable Health Workforce in the WHO European Region

WHO, 2018

In 2017 the WHO Regional Office for Europe developed a framework for action to meet the aims of the global WHO/ International Labour Organization/Organisation for Economic Co-operation and Development five-year action plan on health employment and economic growth adopted at the Seventieth World Health Assembly and which was adopted by Member States at the Sixty-seventh session of the WHO Regional Committee for Europe.

This toolkit adapts the Global strategy on human resources for health: workforce 2030 to the context of the WHO European Region and enables Member States to operationalize the framework for action. It will help Member States to realize that the health workforce is an investment, not a cost, that is essential to the goal of universal health coverage. It sets out key strategic objectives for Member States and proposes policy options and implementation modalities to support Member States to sustainably strengthen their human resources for health (HRH).

http://www.euro.who.int/_data/assets/pdf_file/0004/375547/WH11_TK_text_AW-2.pdf?ua=1

Fentanils and Synthetic Cannabinoids: Driving greater complexity into the drug situation - An update from the EU Early Warning System

European Monitoring Centre for Drugs and Drug Addiction, June 2018

Seizures of new psychoactive substances in Europe that are reported by law enforcement agencies must be understood as minimum values, as data are drawn from case reports rather than monitoring systems. Reports are influenced by a range of factors such as increasing awareness of new substances, their changing legal status, law enforcement capacities and priorities, and the reporting practices of law enforcement agencies.

For the purpose of this report, the term 'seizures' means any encounters of new psychoactive substances reported by law enforcement, including seizures, samples recovered from crime scenes, and shipments detained for inspection. Some seizures contain more than one active ingredient, therefore more than one identification can be made from a single seizure.

To read this article in full:

<http://www.emcdda.europa.eu/system/files/publications/8870/2018-2489-td0118414enn.pdf>

A Broken Social Elevator? How to promote social mobility

OECD, 2018

The report provides new evidence on social mobility in the context of increased inequalities of income and opportunities in OECD and selected emerging economies. It covers the aspects of both social mobility between parents and children and of personal income mobility over the life course.

https://read.oecd-ilibrary.org/social-issues-migration-health/broken-elevator-how-to-promote-social-mobility_9789264301085-en?utm_source=General+Subscription&utm_campaign=b6b41c6f10-EMAIL_CAMPAIGN_2018_07_04_01_34_COPY_01&utm_medium=email&utm_term=0_2bcd693428-b6b41c6f10-237768285#page2

IIDL Feature - International

Mental Health, Human Rights and Standards of Care: Assessment of the quality of institutional care for adults with psychosocial and intellectual disabilities in the WHO European Region

WHO, 2018

The WHO project on adults with psychosocial and intellectual disabilities living in institutions in the WHO European Region targets a highly marginalized, vulnerable group whose quality of life, human rights and reinclusion in society are seriously compromised by outdated, often inhumane institutional practices. Its goal is to promote and facilitate deinstitutionalization.

The specific objectives of the project were to address gaps in knowledge about the number and characteristics of such long-term institutions and to identify deficiencies in current care standards through the lens of the United Nations Convention on the Rights of Persons with Disabilities. This publication examines and rates the quality of care and protection of human rights in selected institutions in over 20 countries in the Region using the WHO QualityRights toolkit. It identifies steps to take to continue progress toward deinstitutionalization and to ensure respect for the rights of people with psychosocial and intellectual disabilities.

http://www.euro.who.int/data/assets/pdf_file/0017/373202/mental-health-programme-eng.pdf?ua=1

How is a Self-Directed Support Developing Globally?

August 8th, 2018, Research Europe, International

Self-directed support has been a growing international development. However differences in terminology and organisation stop us learning about progress and discovering where change has been most effective in realising human rights. Citizen Network, working with a range of partners, is asking for help in mapping the progress of self-directed support so that the global community can better understand the current situation, where positive progress is taking place and what are the key obstacles for the further progress. For more information:

<https://www.citizen-network.org/sharing/research/how-is-self-directed-support-developing-globally/>

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Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using this link:

<http://www1.iimhl.com/Join.asp>

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