



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update 30 October 2017. IIMHL and IIDL aim to improve client outcomes through leadership development in the mental health, addiction and disability sectors.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars.

Please feel free to share this e-bulletin with others and we would be delighted if you would join us on Facebook.

In this issue:

IIMHL / IIDL Leadership Exchange 2018

Please join us for the next Leadership Exchange in Stockholm Sweden, May 28 – June 1, 2018. Details will be available soon!

- **IIMHL Feature Article - New Zealand**
 - [Journeys of Resilience: From adverse childhoods to achieving in adulthood](#)
- **Other IIMHL Articles of Interest - New Zealand**
 - [Real Language: Real Hope](#)
 - [Whakawātea te Huarahi A model drug law to 2020 and beyond](#)
 - [Families and Whānau Status Report 2017](#)
 - [TED Talk: A Gym Culture for Mental Health](#)
 - [Enabling Self-management Support](#)
 - [Using Evidence to Inform Social Policy: The role of citizen-based analytics: a discussion paper](#)
 - [Measuring the Burden of Gambling Harm in New Zealand](#)
- **IIDL Feature Article - England**
 - [Disability Information and Advisory Services and Needs Assessment and Service Coordination Review – A Proposed Design and Framework](#)

IIMHL Feature - New Zealand

Journeys of Resilience: From adverse childhoods to achieving in adulthood

The Social Policy Evaluation and Research Unit (Superu) commissioned Artemis Research, April 2017

Sue Carswell, Hector Kaiwai, Moana-o-Hinerangi, Michele Lennan, Judy Paulin.

The Social Policy Evaluation and Research Unit (Superu) commissioned this project to answer the following two research questions:

1. How many at-risk families go on to achieve positive education and employment outcomes?
2. What are the key factors that influence the achievement of those positive outcomes?

http://superu.govt.nz/sites/default/files/Journeys-of-resilience_0.pdf

Other IIMHL Articles of Interest: New Zealand

Real Language: Real Hope (Four-page recovery language guide)
Te Pou, 2017

Language reflects our beliefs and the way we view people. We are often unaware of the impact that the words we choose can have on our own attitude as well as on those around us.

The way we speak to and about people is a window into what we are really thinking. Communication is a highly complex thing. The words we choose can convey the fact we truly value people – we believe in them – and we genuinely respect them. Or, the words we choose can make it clear we do not. People who experience mental health and/or addiction problems can feel and be put down, discouraged, demoralized, and marginalized.

We are people first and foremost.

<https://www.tepou.co.nz/uploads/files/resource-assets/Handover-March%202017-insert-WEB-%C6%92.pdf>

Whakawātea te Huarahi A model drug law to 2020 and beyond

New Zealand Drug Foundation, 2017

‘Whakawātea’ means to clear, free up, cleanse or purify spiritually, while ‘huarahi’ is a pathway, road or track. The title of our model drug law is intended to signify a fresh start for the debate on drug policy and a sense of movement towards a better future. The key to moving towards an Aotearoa free from drug harm is to start treating drug use as a health issue rather than a criminal issue. Our model drug law proposes:

- Removing criminal penalties for the possession, use and social supply of all drugs
- Developing a strictly regulated cannabis market
- Putting more resources into prevention, education and treatment.

The document is intended to be a conversation starter. We’d love to know what you think.

<https://www.drugfoundation.org.nz/assets/uploads/Whakawatea-te-Huarahi-July2017.pdf>

Families and Whānau Status Report 2017

Social Policy Evaluation and Research Unit

The purpose of the Social Policy Evaluation and Research Unit (Superu) is to increase the use of evidence by people across the social sector so that they can make better decisions – about funding, policies or services – to improve the lives of New Zealanders and New Zealand’s communities, families and whānau. This report is published as part of a research series that meets the statutory requirement for Superu to publish “an annual Families Status Report that measures and monitors the wellbeing of New Zealand families”. (Families Commission Act 2003, section 8)

To read this document in full:

<http://www.superu.govt.nz/sites/default/files/F%26W%202017%20report%20WEB.pdf>

TED Talk: A Gym Culture for Mental Health

CoLiberate, TedEXWellington.

Bop Murdoch, Jody Burrell and Sarah Tuck are on a mission to shift the perception of mental health and enable emotional wellbeing in the workplace. The trio have been making theatre together for six years, opening community dialogue and connecting people through storytelling.

They are addicted to the personal transformation that comes with a good creative process, and in 2015 they redirected their mahi towards making that level of people-care available to all kinds of people! After graduating from Inspiring Stories’ accelerator programme ‘Live The Dream’, they have launched CoLiberate, a social enterprise helping people to feel their best.

This talk was given at a TEDx event using the TED conference format but independently organized by a local community:

<https://www.youtube.com/watch?v=1r1SuZnjpFs&feature=youtu.be>

Enabling Self-management Support

Counties Manukau DHB, July 2017

The Manaaki Hauora – Supporting Wellness campaign led by Ko Awatea, the centre for healthcare improvement and innovation at Counties Manukau Health, aimed to provide self-management support for people living with long-term conditions in Counties Manukau.

Helping people to manage their own health has benefits for individual clinicians and healthcare teams, as well as for patients and healthcare organisations. Healthcare practitioners get greater job satisfaction when they are helping people to improve their health and wellbeing and live a more fulfilled life in a sustainable, empowering way. Typical approaches to self-management support include helping people to set and reach goals that are meaningful to them, promoting healthy lifestyles, using a multidisciplinary shared care approach which actively involves people in decision-making and care planning, proactive follow-up and helping people to monitor and manage their symptoms.

To read this article in full:

<http://koawatea.co.nz/wp-content/uploads/2017/05/Enabling-SMS-Brochure-10.5.17.pdf>

Using Evidence to Inform Social Policy: The role of citizen-based analytics: a discussion paper

Office of the Prime Minister's Chief Science Advisor, 2017

This paper considers both the considerable opportunities and the issues associated with using individual-level data and citizen-based analytics to inform social policy development and implementation. This growing application of big data analytics occurs within the context of new insights from biological, behavioural and social sciences that allow for greater understandings of how data can be better applied to assist in the evaluation both ex ante and ex post of social sector interventions. In New Zealand, this approach is being developed to underpin social policy development and implementation and has been termed 'Social Investment'. In Europe, this type of analysis aligns with ongoing work of the European Commission's Joint Research Centre in the areas of fairness and resilience.

<http://apo.org.au/system/files/95946/apo-nid95946-346816.pdf>

Measuring the Burden of Gambling Harm in New Zealand

Ministry of Health, July, 2017

The aim of the project was to systematically investigate gambling-related harm in New Zealand, and assess the aggregate 'Burden of Harm' caused by gambling with reference to different levels of problem gambling, and other comparable conditions. This improved understanding of the quality and quantity of harm will help to better target efforts to prevent or reduce the potential negative consequences of problematic gambling. To view the key findings and the article in full:

<http://www.health.govt.nz/publication/measuring-burden-gambling-harm-new-zealand>

IIDL Feature - New Zealand

Disability Information and Advisory Services and Needs Assessment and Service Coordination Review – A Proposed Design and Framework

Ministry of Health, March 2017

This report is the result of the Ministry of Health's independent review, undertaken by Sapere Research Group, of disability information advisory services (DIAS) and needs assessment service coordination (NASC) functions. The report will help inform the work the Ministry is doing over the next few years to transform the disability support system. It identifies how the interface between disabled people and support services can be improved to better support people to have a good life.

This is the final conclusion and recommendation paper in the independent review of the framework for DIAS and NASC for disability support services. This paper has Sapere's options and analysis of the potential impacts for a revision of the framework.

<http://www.health.govt.nz/publication/disability-information-and-advisory-services-and-needs-assessment-and-service-coordination-review>

Fran Silvestri

President & CEO, IIMHL & IIDL

fran@iimhl.com

General enquiries about this Update or for other IIMHL information please contact Erin Geaney at erin@iimhl.com.

Join IIMHL / IIDL

Any leader in mental health, addiction and disability services can join IIMHL or IIDL free by using this link: <http://www1.iimhl.com/Join.asp>

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is not accurate either for its use of data or not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.

