

THRIVING IN 2010 AND BEYOND

A National Mental Health Conference hosted by the Canadian Mental Health Association

Defining our roles. Exploring control. Designing the whole.

A milestone event is being planned for October 22nd to 24th, 2010 in London, Ontario, Canada: **Thriving in 2010 and Beyond: Defining our roles. Exploring control. Designing the whole.**

This national conference hosted by the Canadian Mental Health Association will bring together from across the country:

- People who have lived experience with mental illness
- Their family members and friends
- Service providers
- Front line care workers
- Academics and researchers
- Policy makers from across the country

Thriving in 2010 and Beyond will closely examine the concept of "Thriving" – what makes someone with a mental illness (a consumer/survivor) become a thriver and how can those successes be replicated within and outside the mental healthcare system? A "thriver" is someone with a mental illness who succeeds in his or her chosen way by focusing on abilities and not disabilities.

The heart of the conference:

- An open, multi-faceted examination of the roles and responsibilities of all mental healthcare system participants
- The control and influence they exert
- The key elements needed for the mental healthcare system

To access the web page for more information please click on the following link:

<http://thrivingin2010.com/>