



From the IIMHL and IIDL Update List

Welcome to this bi-monthly edition of Update 15 January 2019

IIMHL and IIDL organise systems for leaders to share innovations, network and problem solve across countries and agencies. The overall aim is to promote mental health and well-being for everyone. This includes developing leaders who can create the best possible conditions for mental health and well-being in all sectors across the life-span. Equally, it includes developing leaders who can deliver the best possible outcomes for people who use mental health, addiction and disability support services and their families.

Update allows the rapid transfer of new knowledge through sharing information about upcoming Leadership Exchanges, as well as key national documents, training and webinars. Please feel free to share this e-bulletin with others.

We would be delighted if you would join us on Facebook.



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IIMHL Feature - England

Children of the Millennium: Understanding the course of conduct problems during childhood

Centre for Mental Health, November 2018

Our report with UCL's Institute of Education finds that one child in every twelve in the UK has behavioural problems from a young age into their teenage years, putting them at risk of a lifetime of disadvantage and poor health. Children with persistent problems are much more likely to have a multitude of risks early in life, including poverty and housing insecurity, parental mental illness and developmental delay.

The project focused on the analysis of pathways of conduct problems during childhood, comparing the pathways by gender; the impact of multiple risks over time; and pathways of conduct disorder for children with multiple mental health difficulties.

As a result of this work, we're calling for:

- Concerted action across government to reduce the risk of severe and persistent behavioural problems
- Government to seek to reduce child poverty and housing insecurity
- The NHS to continue to boost mental health support to new parents
- Local authorities to get the funding they need to boost early years services such as Sure Start and to offer evidence-based parenting programmes to families with the greatest needs.

<https://www.centreformentalhealth.org.uk/publications/children-new-millennium>

Other IIMHL Articles of Interest - England

Valued Care in Mental Health: Improving for excellence

NHS, 2018

Mental health trusts in England welcome the policy, media and public attention now being paid to mental health. Being in the spotlight offers an important opportunity to improve mental health services for the people who use them. It also raises local communities' expectations of care from mental health services at a time of continuing funding constraints. Many mental health service providers around England are meeting this complex challenge with exceptional innovation, energy and creativity. In 2017, NHS Improvement committed to supporting the development of a national model to guide the continuous improvement of mental health services, drawing on the experience and skill within the mental health sector.

The 145-page resource is in two parts, this core document and an interactive online resource that will be supported and refreshed by NHS Improvement.

https://improvement.nhs.uk/documents/3453/NHS_Mental_Health_Improvement_web.pdf

The International Initiative for Mental Health Leadership (IIMHL) is a global network that links leaders in mental health, so they can learn from each other

Fran Silvestri, 2018

Fran Silvestri has held operational roles in healthcare, including chief executive of a community mental health centre in New Hampshire, USA, and spent many years facilitating and spreading innovation and creative practices in mental healthcare across the world. He established IIMHL as a result of the alliances he built to share learning and good practice. He describes the leader's role as enabling clinical staff to lead innovations and ultimately improve services for the people they care for.

<https://improvement.nhs.uk/resources/leaders-leadership-fran-silvestri/>

Policing and Mental Health Picking Up the Pieces

HM Inspector of Constabulary, November 2018

To understand how effective forces are at protecting and helping those with mental health problems, we inspected how well they:

- identify people with mental health problems when they first contact the force;
- identify and record the number of cases involving people with mental health problems to provide the right support; and
- make sure expert help is available from other organisations, in particular health professionals.

https://www.justiceinspectorates.gov.uk/hmicfrs/wp-content/uploads/policing-and-mental-health-picking-up-the-pieces.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=10053830_NEWSL_HMP%202018-11-27&dm_i=21A8,5ZHL2,FLWRH5,NI4TM,1

Leadership in Integrated Care Systems

Social Care Institute for Excellence, 2018

The NHS Leadership Academy commissioned SCIE to undertake this research to further expand the understanding of systems leadership and leadership of integrated care systems. This research will inform the Leadership Academy's long-term plans for supporting leaders in integrated care systems. This paper, aimed at chief executives, directors and senior managers from the NHS, local authorities, housing organisations and voluntary and community sector, is based on findings from interviews with systems leaders and a review of the literature.

<https://www.scie.org.uk/files/integrated-care/leadership/systems/leadership-in-integrated-care-systems.pdf>

Making it Work – Building a better future for mental health in the workplace CMHA, 2018

The City Mental Health Alliance (CMHA), a coalition of 24 City businesses which aim to create mentally healthy workplaces. We asked students and recent graduates looking to work in financial and professional services about their mental health and history, and their expectations of employers around mental health and wellbeing policy. In doing so, we hope to reveal something of the nature of the challenge, and how businesses might address it more successfully – in the City among professional and financial services firms, but elsewhere and in other industries, too. We hope this research will help all employers develop happier, healthier workplaces for this generation and the next.

http://citymha.org.uk/wp-content/uploads/2018/10/CMHA_Making-it-Work_Final.pdf

Health Profile for England Public Health England, 2018

The second annual report combining data and knowledge with information from other sources to give a broad picture of the health of people in England in 2018. Chapters include:

[population change and trends in life expectancy](#)

[trends in mortality](#)

[trends in morbidity and risk factors](#)

[health of children in the early years](#)

[inequalities in health](#)

[wider determinants of health](#)

[current and emerging health protection issues](#)

[Methods, data and definitions](#)

<https://www.gov.uk/government/publications/health-profile-for-england-2018>

Four Lessons in the Digital Healthcare Race: Using four steps in managing, valuing, using and monetizing healthcare data

[Dr. Ed Fitzgerald](#) is KPMG's Global Healthcare Executive, 2018

The health sector has long been recognized as a leader in amassing data, from comprehensive Hospital Episode Statistics to world-class clinical registries - but without necessarily harnessing its full potential. As digital transformation finally catches up with healthcare, and productivity and efficiency pressures grow around the world, now is the time to double-down and deliver on this potential if patients, and providers are going to benefit from the advent of digital health.

Data as a precious resource

Technology companies in particular have long viewed data as 'the new oil' and healthcare is starting to recognize its huge promise. Across the healthcare spectrum, an enormous amount of data is generated via medical health records, test results, diagnostics and wearables, coupled with demographic data from multiple sources. The NHS's data warehouse, for example, contains details of all admissions, outpatient appointments and Emergency Department attendances at hospitals in England.

To read this article in full:

<https://home.kpmg.com/xx/en/home/insights/2018/11/four-lessons-the-digital-health-data-race.html?sf203600663=1>

IIDL Feature - England

A Fair Supportive Society: A social determinants of health approach to improving the lives and health of people with learning disabilities

National Health Service England (NHSE), 2018

by Dr Angela Donkin and Dr Wendy Rickard of the UCL Institute of Health Equity.

This report summarises the main themes for people with learning disabilities, following a life course approach and covering the key Marmot Review (1) social determinant areas.

The report is not based on a systematic review, but rather a comprehensive review of major reports and research findings available both from the academic and policy literature. In addition to reviewing the importance of social determinants, we also searched for examples of effective interventions to illustrate actions that could improve outcomes. Therefore, the reference list at the end of this document includes both cited documents and uncited further reading.

From the review we found that outcomes for people with learning disabilities are often not reported, definitions utilised vary considerably, international comparisons are difficult, and many interventions have not been evaluated. However, the work summarised here provides a clear rationale for further investigation and also for action to improve the lives of people with learning disabilities in a number of areas.

11 recommendations are made.

https://www.york.ac.uk/media/che/documents/policybriefing/Health%20Equity%20Impact%20Plane%20V4.pdf?utm_source=The%20King%27s%20Fund%20newsletters%20%28main%20account%29&utm_medium=email&utm_campaign=9985437_NEWSL_HMP%202018-11-02&dm_i=21A8,5Y0T9,FLWRH5,NATTT,1

Other IIDL Article of Interest - England

Substance Misuse and People with Learning Disabilities: Making reasonable adjustments to services

Public Health England, February 2017

This guidance is to help professionals in drug and alcohol teams or learning disability teams support people with learning disabilities who have substance misuse problems. It summarises what the research tells us about the particular problems faced by this group of people and what approaches work best. This report is the 13th in a series of reports looking at reasonable adjustments in a specific service area.

The aim of these reports is to share information, ideas and good practice in relation to the provision of reasonable adjustments. We searched for policy and guidelines that relate to people with learning disabilities and substance misuse problems. A summary of this information is below. We looked at websites to find resources that might be of use. There is a brief description of these and information about how to obtain them in the resource tables.

To read in full:

https://www.ndti.org.uk/uploads/files/Substance_Misuse_RA_Report.pdf

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Join IIMHL / IIDL

Leaders in any sector that can affect the conditions for Mental Health and Addictions and leaders in Disability services can join IIMHL or IIDL free by using this link:

<http://www1.iimhl.com/Join.asp>

Please note: We try to find articles, new policies, research that has been released or opinion pieces we think are interesting to reflect on. Sometimes those who receive these may feel is not accurate either for its use of data or not aligned with their views. IIMHL does not endorse any article it sends out as we try to rapidly share information.

