

2022 Match Summary

Name of Match: Mental Health and Addiction Quality Improvement Programmes

Location of Match:

1. Describe the **purpose** of the match: (Maximum 500 words)

Our intent was to showcase quality improvement in the Aotearoa New Zealand mental health and addiction context, with a specific focus on the provision of the Māori perspective to the programme and equity considerations. Our match explored issues in our context and how they were mirrored and/or different in other countries/contexts. A further focus on data (national) and mental health and addiction is being worked up for further engagement.

2. Describe the **leaders** who participated in the match (for example, were some of them peers, youth, family/caregivers, practitioners, policy makers, clinicians? Were they from community settings, government, NGOs, clinical settings?): (Maximum 500 words)

Led by the Aotearoa New Zealand Health Quality and Safety Commission, the match had four visitor leaders. The first was a senior public sector manager in the Corrections arena, from Ottawa, Canada. The second was a private sector health services manager with a research focus, from Oslo, Norway. The third was a youth invitee who worked in the mental health services area, from the United States of America. And the fourth was a senior mental health services manager within the Health Services Executive department for Ireland, based in Dublin.

3. What do you see as the **game changer** for this match topic? (Game changer is defined as: a newly introduced element or factor that changes an existing situation or activity in a significant way.) (Max 500 words)

The game-changer is the similarity of lens expressed in other countries regarding the outputs that systems deliver for peoples of the non-major population grouping. In Aotearoa New Zealand there is work completed about indigenous models of health. While there is research that shows the adverse outcomes experienced by some indigenous/non-dominant population groupings in places like Canada, it is very interesting to learn that the same poor outcomes are delivered by services in other countries as well.

4. How will the match **support inclusion, resilience and growth** for this match topic and for the leaders who attended: (Maximum 500 words)

This match will continue to support engagement across these international boundaries to explore these topics in further detail over time. Bearing in mind that we are right now establishing a session to explore data issues, we would expect that this lens will also introduce further areas of discussion and insight.