



**2019 Washington DC Leadership Exchange
The Best Learning Experience in 2019
September 9th - 13th**



The International Initiative for Mental Health Leadership (IIMHL) (www.iimhl.com) is a unique international collaborative that focuses on improving mental health, addiction and disability services.

The focus of IIMHL is on leadership development through the creation of networks and partnerships for rapid knowledge transfer about innovations and problem solving across countries and agencies. IIMHL promotes mental health and well being for everyone by:

- Developing leaders who influence the conditions for positive mental health in all sectors across the life span
- Developing leaders who deliver the best possible outcomes for people who use mental health and addictions services and their families.

Membership in IIMHL is free for leaders from the nine participating countries: Australia, England, Canada, Netherlands, New Zealand, Republic of Ireland, Scotland, Sweden and United States of America. Join by using this link: <http://www.iimhl.com/iimhl-join.html>

Jointly hosted with the US Substance Abuse and Mental Health Services Administration (SAMHSA), the US National Association of Mental Health Program Directors (NASMHPD) and the International Initiative for Disability Leadership (IIDL), the Leadership Exchange is a week-long event with two components:

1. Monday-Tuesday September 9-10, 2019: Concurrent site visits or “Matches” on topics determined by hosts in US and Canada, who engage with visiting leaders with shared interests, who jointly develop a knowledge exchange agenda for the two days. Matches topics cover a wide range and are inclusive of people with lived experience, families and caregivers, youth, clinicians, public health leaders, policy leaders and research leaders, among others.
2. Following a travel day on Wednesday September 11, the two-day Network Meeting on Thursday-Friday, September 12-13, brings all participants together for a program that includes keynote presentations on emerging innovations and opportunities for further knowledge exchange. Registration opens late afternoon on September 11, followed by an Opening Reception early Wednesday evening.

**Leadership Exchange Theme:
'Leading the Way Forward: Access, Accountability and Action'**

Each of the words in the theme is meaningful in the both the US context as well as in the broader international context:

- *Leading the Way Forward* was chosen to reflect the horizontal work being undertaken in the US by the Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC), established in 2017 in accordance with the 21st Century Cures Act. The first ISMICC report to Congress in December 2017 was titled: *The Way Forward: Federal Action for a System That Works for All People Living With Serious Mental Illness and Serious Emotional Disturbance and Their Families and Caregivers*.
- With the IIMHL focus on leadership, we adopted the theme: “*Leading the Way Forward*”.

Many Match topics and the current international dialogue fit within at least one of the three sub-themes:

- *Access* is about ensuring availability of high quality supports and services and a focus on people with lived experience of mental health distress and disability
- *Accountability* addresses systems and supports to ensure effectiveness and outcomes for people, families and communities
- *Action* speaks to engaging all partners in all sectors and across the lifespan, in enacting meaningful change in supporting healthy people in healthy and inclusive environments

September 9 and 10: Leadership Matches

Benefits: An opportunity to share knowledge and jointly problem solve on a specific topic of interest

Match	Hosts/Co-Hosts and Location
Peer Leadership	International Association of Peers Supporters Co-hosts: Yale University, Scottish Recovery Network, Irish Health Service Executive New Haven, Connecticut
Youth and Young Adult Leadership	Youth MOVE and FRAYME Washington, DC
Children and Youth: Innovations to improve access and outcomes for children, families and communities	Yale Child Study Centre Co-hosts: The Werry Workforce Whāraurau, SAMHSA New Haven, Connecticut
Infant and Perinatal Mental Health	SAMHSA Co-hosts: Georgetown University, Zero To Three, Johns Hopkins School of Medicine Washington, DC
Indigenous Mental Wellness	Wharerātā Group and Indian Country Child Trauma Center Washington, DC
Multicultural Leadership Frameworks for Equity, Diversity and Inclusion in Menal Health	Change Matrix Washington, DC
International Innovations in Peer-led/Co-produced Recovery Education	On Our Own of Maryland, Inc. Co-hosts: Canadian Mental Health Association, Advancing Recovery Ireland Elkridge, Maryland
Integrating Mental Health and Primary Care: The Solution to Fragmented Healthcare	Well Being Trust Knoxville, Tennessee
I-CIRCLE (Cities and Urban Regions)	Centre for Addiction and Mental Health (CAMH) and Wellesley Institute Toronto, Canada
Population Mental Health Promotion: Building Capacity for Mental Health Promotion Across Sectors	Public Health Agency of Canada and CAMH Toronto, Canada
Addressing Mental Health and Substance Use: Serious Mental Illness and Medication Assisted Treatment/Medication Supported Recovery	Cascadia Behavioral Healthcare Portland, Oregon
School Mental Health	National Centre for School Mental Health, University of Maryland School of Medicine and School Mental Health International Leadership Exchange (SMHILE) Baltimore, Maryland
Comprehensive Suicide Prevention	SAMHSA Co-host: Swedish Public Health Agency Washington, DC
Military Issues Work Group – Accelerating Mental Health Care for Active Duty Service Members and Veterans Across the Globe	Psychological Health Center of Excellence, Defense Health Agency, US Department of Defense Silver Spring, Maryland
Changing Attitudes and Preventing Stigma and Discrimination	Mental Health Commission of Canada Ottawa, Canada
Accelerating Action in Workplace Mental Health	American Psychiatric Association Foundation, Center for Workplace Mental Health, National Alliance of Healthcare Purchaser Coalitions , Washington, DC
e-Mental Health: From Innovation to Implementation	Mental Health Commission of Canada St. John's Newfoundland, Canada
Mental Health Metrics	National Association of State Mental Health Program Directors Research Institute, Inc. (NRI) Washington, DC
Financing and Economic Modelling to Incentivize Better Mental Health Outcomes	TBC
Philanthropy: Advancing the Mental Health, Substance Misuse and Well-Being Agenda	New Hampshire Charitable Foundation Co-hosts: The Endowment for Health, Well Being Trust Manchester, New Hampshire
Intermediary Organizations: How implementation supports improved accountability and action	CAMH and The Children's Hospital of Eastern Ontario Toronto, Canada

Match	Hosts/Co-Hosts and Location
Knowledge Exchange on Mental Health Policy	American Psychological Association Washington, DC
Crisis Services and Systems: 2 nd Urgent and Emergency Mental Health Care Global Summit	NASMHPD and RI International Washington, DC
Addressing the Impact of Trauma Across Systems	NASMHPD Center for Innovation in Behavioral Health Policy and Practice Washington, DC
Cognitive Therapy for Recovery (CT-R): Organizational and Individual Change	Massachusetts Department of Mental Health Worcester, Massachusetts
Access to Linguistically Appropriate Care for Deaf People: Best Practices	NASMHPD and Alabama Department of Mental Health Washington, DC
International Advances in Self-Direction	Applied Self Direction and Human Services Research Institute Boston, Massachusetts
Adults and Co-Occurring Disorders: Disabilities and Mental Health	National Association of States United for Aging and Disabilities (NASUAD) Crystal City, Virginia
Data and Disability: Intersectional Dialogues on Cross-Disability Issues, inclusive but not limited to mental health	Eviance (previously the Canadian Centre for Disability Studies) Ottawa, Canada
First Episode Psychosis and Clinical High Risk: From Science to Service	TBC
Refugees, Migrants, Trauma and Whole Person, Whole Community Health Care	Squirrel Hill Health Centre Pittsburgh, Pennsylvania
Housing and Homelessness	Mental Health Association Oklahoma Tulsa, Oklahoma
Peer-Run/Self-Managed Residential and Crisis Alternatives	Advocates, Inc and Amsterdam University of Applied Sciences Framingham, Massachusetts
Rural Mental Health Workforce Development: Challenges and Opportunities	Western Interstate Commission for Higher Education (WICHE) Behavioral Health Program Boulder, Colorado

For more information, availability and registration, go to: <http://www.iimhl.com/iimhl-leadership-exchange-2019-washington.html>

September 11 to 13: Network Meeting at the Capital Hilton in Washington, D.C.

Benefits: An opportunity for international leaders involved in shaping future responses for the mental health and disability fields to learn more about innovation, access, accountability, action, and best practices from expert speakers and from peers

The Network Meeting begins with registration on Wednesday afternoon the 11th, followed by an evening opening reception. This year, we will address various mental health themes of interest and development in member countries. Speakers are being progressively confirmed and include a wide range of US, Canadian and international leaders.

Confirmed topics include:

- Voices of Lived Experience
- Disruptive Innovation and Accountability
- International Leadership Panel on Leading the Way Forward on Access, Accountability and Action
- Spotlight on Longstanding IIMHL Collaboratives and Match Reports
- Youth Perspectives on the Future
- Action for Building Healthy Communities

To view the draft program for the Network Meeting: http://www.iimhl.com/files/docs/2019_Program.pdf

Next steps: Registration for both the Leadership Matches and the Network Meeting is required. Demand is strong, so please register early. While there is no registration fee to participate in Leadership Matches or the Network Meeting, participants must cover their own costs for travel, accommodation and most meals.

Please pay careful attention to the location of Leadership Matches and plan your travel and budget accordingly.

We look forward to meeting you in Washington DC!