



Mental Health  
Commission  
of Canada

Commission de  
la santé mentale  
du Canada

International Initiative for Mental Health Leadership  
International Initiative for Disability Leadership  
Leadership Exchange September 21-25, 2015  
Agenda

***Accelerating Change Toward Mental Health, Well-Being and Inclusion***

Day One: Monday, September 21<sup>st</sup>  
Leadership matches on 36 topics: Canada and USA

Day Two: Tuesday, September 22<sup>nd</sup>  
Leadership matches continue: Canada and USA

Day Three: Wednesday September 23<sup>rd</sup>  
Travel day for leaders travelling to Vancouver  
**Registration at Sheraton Vancouver Wall Centre Hotel, 1088 Burrard St. at 3:00 PM – Pavilion Ballroom Foyer**

Days Four and Five: September 24<sup>th</sup> and 25<sup>th</sup>  
Two day Combined Meeting at Sheraton Wall Centre Hotel, Vancouver

**IIMHL and IIDL – Wednesday, September 23<sup>rd</sup>**

Welcoming Reception – 6:00 to 8:00 PM  
Room: Pavilion Ballroom

Opening Protocol – Coast Salish Territory

Remarks:

- **Kerry Jang**, City Councillor, City of Vancouver,
- **Martin Rogan**, Chair, IIMHL Sponsoring Country Leadership Group
- IIDL Welcome
- **Rose LeMay**, Wharērātā Welcome

Networking with Finger Food and Cash Bar

**IIMHL and IIDL – Thursday, September 24, 2015**

Registration – 8:00 to 10:00 AM  
Room: Pavilion Ballroom Foyer

Morning Tea/Coffee – 9:30 to 10:00 AM  
Room: Pavilion Ballroom Foyer

**Meeting Opening** – 10:00 to 10:45 AM (later start in recognition of travel related to Yom Kippur)  
Room: Pavilion Ballroom

- **Elder Woody Morrison**
- Greetings from **Her Excellency, Sharon Johnston, C.C.**
- **Hon. Michelle Stillwell**, Minister of Social Development and Social Innovation, Province of British Columbia
- **Dave Gallson**, Associate National Executive Director, Mood Disorders Society of Canada
- **Yvonne Peters**, Human Rights Lawyer and Disability Rights Activist

**Opening Keynote** – 10:45 to 11:30 AM

**The Honourable Michael Wilson, P.C., C.C., Chair, Mental Health Commission of Canada**

**Message for those participating in the IIMHL and IIDL Opening Plenary and IIMHL sub-plenaries:**

In recognition of the wealth of experience, knowledge and perspectives that all leaders attending the IIMHL/IIDL Combined Meeting are bringing to this event, you are asked to come prepared to discuss what is happening in your own sphere of influence as it relates to each of the session topics. In particular, it will be helpful to reflect on solutions to challenges that you have faced in bringing about desired change.

Please be prepared to share highlights about your work with other leaders, as there will be ample time to do so during the sessions. We are hoping to create a reflective space in which to achieve an international exchange of ideas and promising practices.

Leaders will be given nametags featuring an illustration of a bird and will be asked to sit at a corresponding table. Speakers will make brief presentations and facilitated table discussions will follow. Subsequently, one table from each bird category will be asked to share their discussion findings with the room.

**IIMHL and IIDL – Thursday, September 24, 2015**

**Opening Plenary** - 11:30 AM to 1:00 PM  
Room: Pavilion Ballroom

**Leadership and Change: Building the Future We Want**

**Guy Nasmyth, Associate Faculty, Royal Roads University, Victoria, BC (Canada)**

This session will include an overview of trends in leadership including a focus on a highly effective, collaborative approach to leadership, allowing more comprehensive and effective decisions to be made.

**Key Questions for Table Discussion:**

How can each of us share the burden of leadership to encourage more comprehensive and more effective decisions?

What steps can we each take to move beyond *hero as leader* towards a more collaborative approach?

**IIMHL and IIDL – Thursday, September 24, 2015**

Room: Pavilion Ballroom Foyer

**LUNCH** - 1 PM to 2 PM

IIMHL – Pavilion Ballroom	IIDL – Port McNeill
<p><b>Thursday September 24, 2015</b> Sub Plenary #1 – 2 PM to 3 PM</p> <p><b>Wellness – Accelerating Movement</b></p> <p><b>Shelagh Rogers, CBC Radio Host (Canada)</b></p> <p>In an interview format, Shelagh will share her personal story of recovery, stigma/discrimination and acceptance.</p> <p>Shelagh will also reflect on stories to which she has been privy as a radio host, which shed light on the value of whole population approaches that improve mental health. This will include her reflections on being an Honourary Witness to Canada’s Truth and Reconciliation Commission (TRC) and society’s readiness to hear and accept the significance of population mental health promotion approaches, such as the TRC, to foster mental health.</p> <p><b>Key Question for Table Discussion:</b></p> <p>What can you share from your experience that you feel is a promising practice to address recovery, stigma/discrimination and acceptance?</p>	<p><b>Thursday September 24, 2015</b> Sub Plenary #1 – 2 PM to 3 PM</p> <p><b>Supporting Key-Life Transitions</b></p> <p><b>Donna Thomson, Disability Activist, Author, Consultant and Writer (Canada);</b></p> <p><b>Vickie Cammack, Social Entrepreneur and Care Innovator (Canada)</b></p> <p>Life is marked by transitions – from the home environment to school, from elementary school through to high school, from school to work, from living at home to independence, and into older age. These transitions can open and close opportunities and make lasting changes to an individual’s environment, self-concept and expectations.</p> <p>This session will address transitions faced by people with disabilities across the lifespan. The focus will be on ways to cultivate resilience to manage life’s inevitable changes and explore the role of family, friends and service providers in the process.</p>

**Thursday, September 24, 2015**  
**IIMHL** Room: Pavilion Ballroom Foyer  
**IIDL** Room: Port McNeill Foyer

**AFTERNOON BREAK – 3 PM to 3:30 PM**

<b>IIMHL – Pavilion Ballroom</b>	<b>IIDL – Port McNeill</b>
<p><b>Thursday September 24, 2015</b>            Sub Plenary #2 – 3:30 PM to 4:30 PM</p> <p><b>Innovation - Accelerating Uptake</b></p> <p><b>Diane Finegood, CEO, Michael Smith Health Research Foundation, Vancouver, BC (Canada)</b></p> <p>Diane will provide an introduction to how embracing complexity means we need to change the way we think about solutions.</p> <p><b>Key Questions for Table Discussion:</b></p> <p>Which of the solutions to complex problems have you tried that worked/didn't work and why?</p> <p>Which solutions that you haven't tried will you try to implement?</p>	<p><b>Thursday September 24, 2015</b>            Sub Plenary #2 – 3:30 to 4:30 PM</p> <p><b>Creating Accessible Environments</b></p> <p><b>Honourable Kathleen Lynch, Minister of State for Primary care, Mental Health and Disability (Ireland)</b></p> <p><b>Carla Qualtrough, Chair of BC's Minister's Council on Employment and Accessibility (Canada)</b></p> <p>Accessibility in the devices we use, at work, at home, in the community, and how we go from one place to another, is paramount to social and economic inclusion for people with disabilities.</p> <p>The participants will have the opportunity to address the importance of accessibility in quality of life for people with disabilities, whether in technology, tourism, the built environment, education, legislation or regulations.</p>

<p><b>Thursday September 24, 2015</b> Sub Plenary #3 – 4:30 PM to 5:30 PM</p> <p><b>Managing Change - Successfully</b></p> <p><b>Arthur C. Evans, Commissioner, Department of Behavioral Health and Intellectual disAbility Services, City of Philadelphia (USA)</b></p> <p>Using the example of having implemented Trauma Informed Practice in City of Philadelphia services, Arthur will demonstrate how to bring about change in mental health services and systems.</p> <p><b>Key Questions for Table Discussion:</b></p> <p>What are some lessons learned about how to do change management well?</p> <p>What reflections do you have about Trauma Informed Practice and its potential to transform systems?</p>	<p><b>Thursday September 24, 2015</b> Sub Plenary #3 – 4:30 to 5:30 PM</p> <p><b>Improving Economic Outcomes</b></p> <p><b>Al Etmanski, President and Co-founder, Planned Lifetime Advocacy Network (PLAN) (Canada)</b></p> <p><b>Molly Harrington, Assistant Deputy Minister, Research, Innovation and Policy Division, Government of BC (Canada)</b></p> <p>Over time, people with disabilities have experienced improvements in many areas of their lives. However, compared to those without a disability, economic challenges persist; a person with a disability is more likely to experience unemployment and under-employment, to have a lower income, and to be more reliant on government income support.</p> <p>The participants will focus on the importance of economic citizenship, including income security, asset development, employment, financial literacy, and innovative strategies to enhance financial security, while respecting the abilities and value of each individual to our families and communities.</p>
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**END OF DAY September 24, 2015**

**Friday, September 25, 2015**

<p><b>IIMHL</b> – Pavilion Ballroom</p>	<p><b>IIDL</b> – Port McNeill</p>
<p><b>Friday, September 25, 2015</b> Sub Plenary #4 – 9 AM to 10 AM</p> <p><b>System Transformation – Accelerating Working Together</b></p> <p><b>Carol Hopkins, CEO, Thunderbird Partnership Foundation (Canada)</b></p> <p>Using the First Nations Mental Wellness Continuum Framework (MWCF), Carol will identify how Indigenous knowledge and culture can guide the transformation of mental health systems and services for the benefit of all – Indigenous and non-Indigenous.</p> <p>Carol will also address what needed to happen to get (new) partners involved in the MWCF and best and promising strategies to bridge Indigenous and non-Indigenous perspectives to transform systems.</p> <p><b>Key Questions for Table Discussion:</b></p> <p>What principles and strategies have you used, in working with others, which have worked well for you?</p> <p>What are you prepared to do now to more actively engage new and different partners?</p>	<p><b>Friday, September 25, 2015</b> Sub Plenary #4 – 9 AM to 10 AM</p> <p><b>How Are We Doing?</b></p> <p><b>Marcia Rioux, Distinguished Research Professor, School of Health Policy and Management, Faculty of Health, York University, Toronto (Canada)</b></p> <p><b>Mark Benjamin, CEO, SAMS (Standards and Monitoring Services) (New Zealand)</b></p> <p>As organizations, we have to be able to take a step back and look at what we are doing, what is working, what is not, and how to improve and measure progress. In this regard, the UN Convention for the Rights of People with Disabilities provides guidance to countries on how to address the full inclusion of people with disabilities.</p> <p>The participants will have an opportunity to reflect on how we demonstrate the impact of our programs, policies and promising practices.</p>

<p><b>Friday, September 25, 2015</b>  <b>IIMHL</b> Room: Pavilion Ballroom Foyer  <b>IIDL</b> Room: Port McNeill Foyer</p> <p align="center"><b>MORNING BREAK – 10 AM to 10:30 AM</b></p>
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<p><b>IIMHL</b> – For the list of matches and rooms: see the laminated card provided upon registration.</p>	<p><b>IIDL</b> – Port Alberni</p>
<p><b>Friday, September 25, 2015</b>  <b>MATCH SPOTLIGHT</b> – 10:30 AM to 12 Noon</p> <p><b>10 matches</b> will host discussions on:</p> <ol style="list-style-type: none"> <li>1. Brief summary of the outcomes of the match</li> <li>2. Resources used in the match</li> <li>3. How the match has accelerated change towards mental health and well-being</li> <li>4. How the match has built leadership for the future</li> </ol> <p><b>All matches</b> are invited to post their resources and a two-page summary of their match discussion (using the above headings) on the IIMHL website. Meeting participants are invited to check the website to learn about the matches at <a href="http://www.iimhl.com">www.iimhl.com</a></p>	<p><b>Friday, September 25, 2015</b>  <b>BRAG and STEAL</b> – 10:30 AM to 12 Noon</p> <p>Disability leaders, business leaders and community leaders will share information about innovative programs or initiatives promoting the inclusion of people with disabilities. These leaders will also discuss how encouraging leadership and partnerships, and developing innovative ideas link with the program or initiative presented.</p> <p>Kiosk presentations:</p> <ol style="list-style-type: none"> <li>1. National Disability Insurance Scheme (Australia)</li> <li>2. VisitAble Housing Canada (Canada)</li> <li>3. Ontario’s Accessibility Action Plan: The Road to 2025 (Canada)</li> <li>4. Registered Disability Saving Plan (Canada)</li> <li>5. Te Pou (New Zealand)</li> <li>6. Manawanui – Individualized Funding Support (New Zealand)</li> <li>7. Ready, Willing and Able (Canada)</li> <li>8. Americans with Disabilities Act (USA)</li> <li>9. British Columbia Aboriginal Network on Disability Society (BCANDS) (Canada)</li> <li>10. Neil Squire Society (Canada)</li> </ol> <p>Participants are welcome to move to the kiosks throughout the 90 minutes or to stay at a kiosk of their choosing.</p>

**IIMHL and IIDL - Friday, September 25, 2015**  
Room: Pavilion Ballroom Foyer  
**LUNCH** – Noon to 1:00 PM

**IIMHL and IIDL - Friday, September 25, 2015**  
Room: Pavilion Ballroom

**Closing Plenary** – 1:00 PM – 3:00 PM

**Sam Bradd and Yolanda Liman**, Summary of Graphic Recordings

**Fran Silvestri**, President/CEO, IIMHL and IIDL, Closing Remarks

**Louise Bradley**, President/CEO, MHCC: Thank you to Delegates and Welcome to Australia Delegation

**Australia Delegation**: Welcome to Australia in 2017

**Elder Woody Morrison**: Closing Prayer

**Closing Protocol** – Coast Salish Territory

**Reception** – 3:00 – 4:30  
Pavilion Ballroom Foyer

Cash Bar and Light Food

**END OF EVENT**