



# Supporting Key Life Transitions

Vickie Cammack

[vickiecammack@gmail.com](mailto:vickiecammack@gmail.com)

Donna Thomson

[www.donnathomson.com](http://www.donnathomson.com)

[donna4walls@gmail.com](mailto:donna4walls@gmail.com)

# RESOURCES

- The Four Walls of My Freedom by Donna Thomson (House of Anansi Press, 2014)  
[www.donnathomson.com](http://www.donnathomson.com)
- Open StoryTellers:  
[www.openstorytellers.org.uk](http://www.openstorytellers.org.uk)
- Safe And Secure by Al Etmanski with Vickie Cammack [www.aletmanski.com/books/](http://www.aletmanski.com/books/)